

## DCL18 Packing List

- Pillowcase (pillows will be provided, but you are welcome to bring your own)
- Bed Sheets (You will receive an email letting you know your sleeping arrangement so you can bring the right sheets or sleeping bag)
- Comfortable clothes for 3 days (we will not be going out anywhere nice)
- Pajamas
- Socks
- Underwear
- Hiking clothes
- Outdoor Shoes
- Slippers
- Warm Outdoor clothes (coat, gloves, hat, etc)
- Prayer materials: Bibles, rosaries, journals, pen, etc.
- Stuff for free time
  - Books
  - Art supplies
  - Games and cards
  - Movies
  - Cameras
  - Instruments
- Toiletries: toothbrush and paste, shampoo and conditioner, facewash, soap, razor, deodorant, beauty/ hair stuff
- Towel
- Bathing suit (for the hot tub)
- Snack to share (In your email prior to retreat, you will be informed of any allergies you need to accommodate for snacks)
- Cell phone and charger (we will be encouraging low cell phone use AND there's really bad service)
- No need for extra money unless you want to buy something at a rest stop on the way up or down. All meals covered by St. Louis with your registration fee.